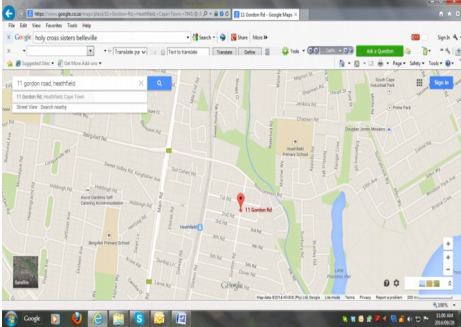
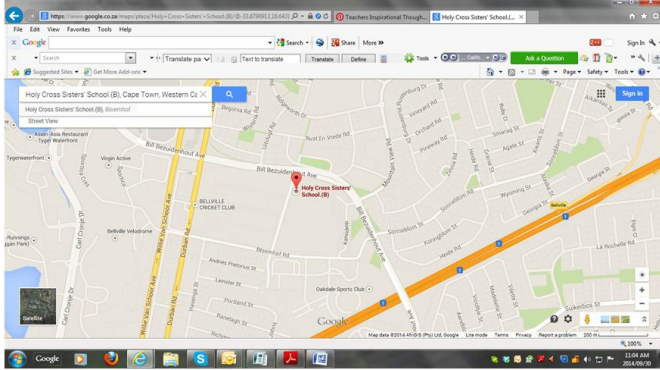


An introduction to Christian meditation in the school of John Main, featuring the experience of Catholic schools in Townsville, Australia and in Northern Ireland.

John Main says in one of his talks: *The wonderful beauty of prayer is that the opening of our heart is as natural as the opening of a flower. To let a flower open and bloom it is only necessary to let it be; so if we simply are, if we become and remain still and silent, our heart cannot but be open, the spirit cannot but pour through into our whole being. It is for this we have been created.*

DATE:	Wednesday, 15 th October 2015
TIME:	2pm – 4pm
LOCATION:	St. Anthony's Primary School - Gordon Road, Heathfield 
COST:	Free!
FACILITATOR:	Paul Faller (Catholic Institute of Education)

OR

DATE:	Thursday, 16 th October 2015
TIME:	2pm – 4pm
LOCATION:	Holy Cross Bellville - Bloemhof Road, Bellville 
COST:	Free!
FACILITATOR:	Paul Faller (Catholic Institute of Education)

RSVP:	Linda Corbello (Catholic Schools Office) Tel: (021) 761 8050 or Fax (021) 761 8088 or Email: admin.cso@telkomsa.net
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