

# Archdiocesan News



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## Celebrating the Extraordinary Jubilee Year of Mercy



Pope Francis opens the Door of Mercy at the Vatican on 8 December 2015 to officially mark the beginning of the Year of Mercy



Archbishop Stephen Brislin, Archbishop of Cape Town, opens the Door of Mercy at St Mary's Cathedral on 13 December 2015

## Places of Pilgrimage in the Archdiocese of Cape Town

### Misericordes sicut Pater – Merciful like the Father

(Luke 6: 36)

On 8 December 2015, Pope Francis formally opened the Jubilee Year of Mercy with the opening of the Holy Door in St Peter's Basilica in Rome. The following Sunday, 13 December, a Door of Mercy was opened in each of our Cathedrals and other designated churches around the world. These Doors of Mercy are the symbolic focus of our pilgrimage during this Jubilee Year.

In the Bull of Induction *Misericordiae Vultus* (MV), which means Face of Mercy, Pope Francis wrote, "To reach the Holy Door, in Rome or any other place in the world, everyone will have to make a pilgrimage. This will be a sign that mercy is also a goal to reach and requires dedication and sacrifice. This will be a sign that mercy is also a goal to reach and requires dedication and sacrifice. May the pilgrimage be an impetus to conversion: by crossing the threshold of the Holy Door, we will find strength to embrace God's mercy and dedicate ourselves to being merciful with others as the Father has been with us" (MV 14).

In the Archdiocese the Door of Mercy is at the Metropolitan Cathedral of Our Lady of the Flight into Egypt. Other designated places of pilgrimage in the Archdiocese are the three Schoenstatt Shrines in Constantia, Hanover Park, and Tamboerskloof; St Lawrence the Martyr in Delft; and St Francis de Sales in Malmesbury.

Pope Francis also gives us some steps to guide our pilgrimage, be it an interior journey or be it expressed in an actual journey. The first and overriding rule is "Judge not and you will not be judged; condemn not and you will not be condemned; forgive and you will be forgiven; give, and it will be given to you; good measure, pressed down, shaken together, running over, will be poured into your lap. For the measure you give will be the measure you get back" (Luke 6:37-38). "But this is not sufficient to express mercy. Jesus asks us also to forgive and to give. To be instruments of mercy, because it was we who first received mercy from God!" (MV 14).

**Fr Rohan Smuts**



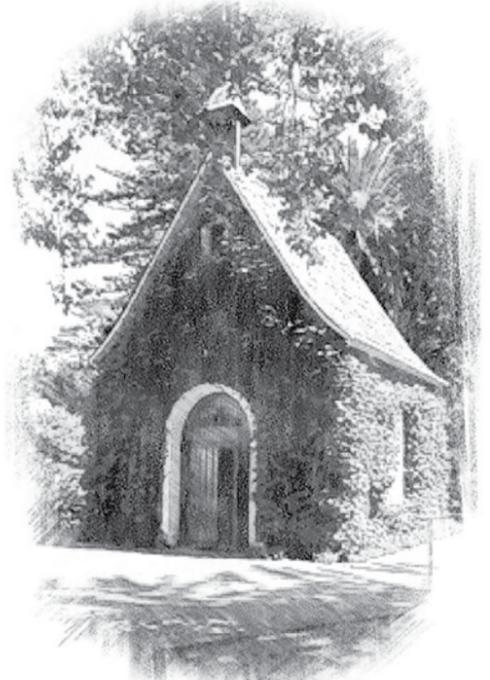
The Door of Mercy at the Metropolitan Cathedral of Our Lady of the Flight into Egypt.



St Francis de Sales Church, Malmesbury



St Lawrence the Martyr Church, Delft



The Schoenstatt Shrines of Constantia, Hanover Park and Tamboerskloof



Pilgrims passing through the Door of Mercy at St Mary's Cathedral, Cape Town on 13 December 2015

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**Greetings from the youth office!**

Welcome to 2016!  
It seems like just a moment ago we were gearing up for Camp Testify and Advent and Christmas, and now it's nearly Lent!

Holiday time or not, there have been plenty of exciting things happening in the past few months and many more coming up this year.

Camp Testify started December (and Advent) off with a bang when 67 Youth Leaders and Young Adults from 20 different parishes in Cape Town (and one from Germany!) came together for a weekend of fun, fellowship and inspiration at Wortelgat Campsite outside Hermanus. We prayed, we sang, we shared, we played and it was awesome, which you can see from the pictures of us doing so many great things!

Schools were scarcely back when all the Life Teen parishes of Cape Town were invited to come together at Nazareth House for a day to be inspired and encouraged, to get to know each other and to plan 2016. Despite the heat there were nearly 50 leaders from six parishes represented! At least it was a bit cooler in the shade where we took the picture!

The rest of the year has loads of exciting things happening, but the key items to put in your diary are the following:

- 23 April Jubilee of Mercy for Youth and Youth Leaders and Young Adults
- 16 June Youth Day Mass and Celebrations
- 19-21 August Youth Leadership Training Weekend
- 8 October Re-Unite Youth Leaders Gathering
- December Camp – Dates will be released soon

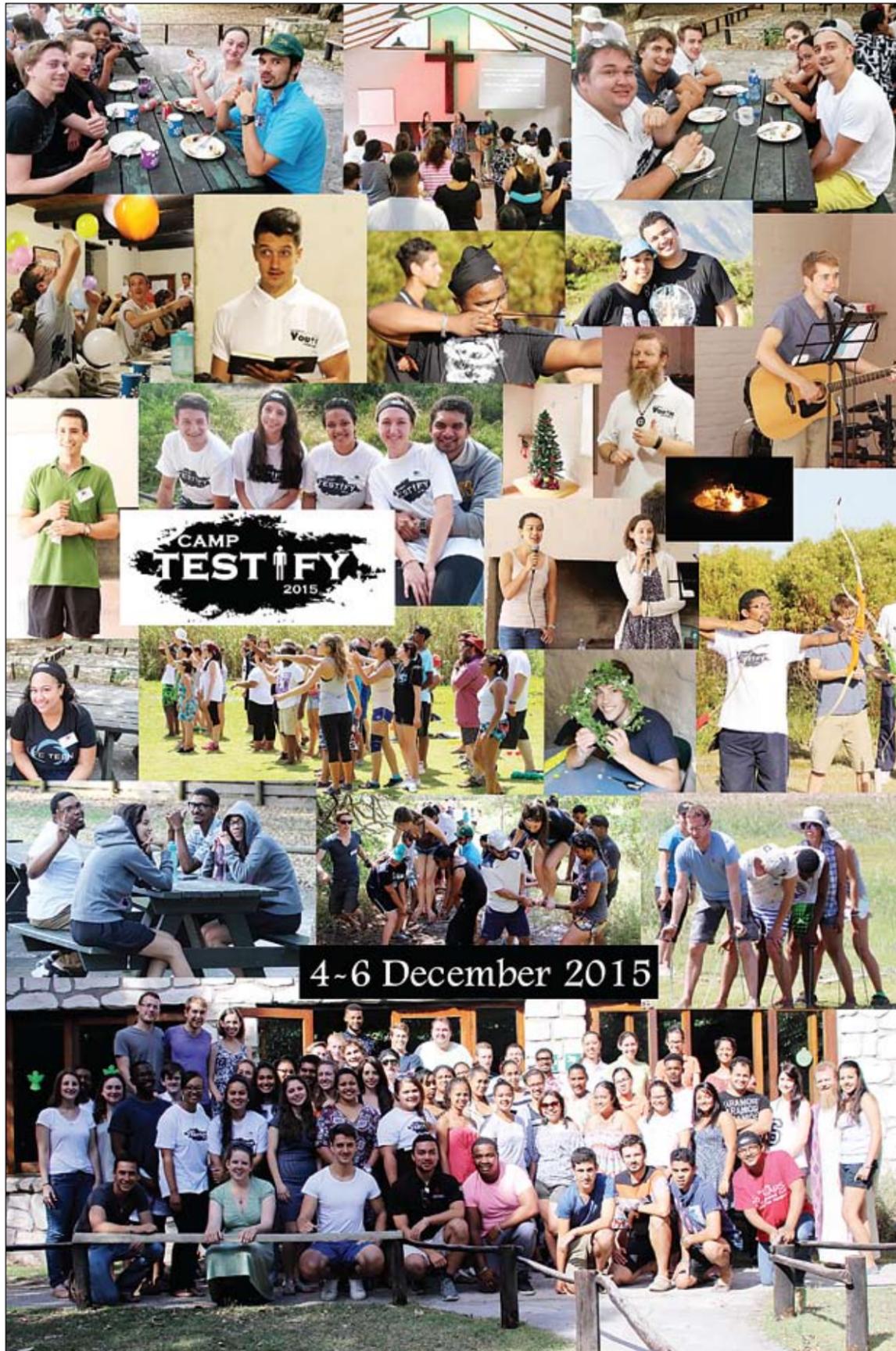
Please also pray for all the delegates and organisers of the Empower Youth Ministry Conference that will be taking place at the end of this month.

Wishing you a meaningful and memorable Lent.  
Until next time, God bless!

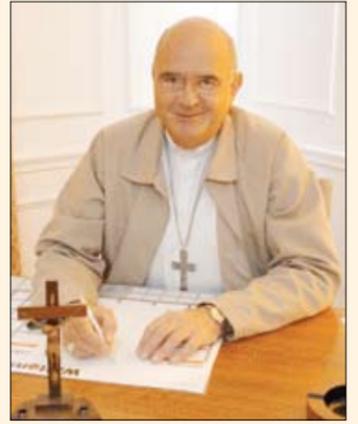
**Youth Chaplaincy**



**ABOVE: Life Teen leaders from across the Archdiocese gathered at Nazareth House, Cape Town, for a retreat and planning day on Saturday 16 January 2016. BELOW: Collage of pics from Camp Testify 2015.**



*From  
the  
HEART*



I am privileged to be part of a group called the "Holy Land Co-ordination" which was formed by the Holy See to give support and solidarity to Christians in the Holy Land. This year our focus has been mainly on refugees in Jordan – most of whom come from Iraq and Syria, and who now form one third of Jordan's population.

The Church in Jordan established the "Our Lady of Peace Centre" some years ago. It has become a home and a place of solace, not only for poor Jordanians, but also for many refugees. A highlight of our journey this year was a visit to the Centre. After viewing some of the facilities – a busy clinic, a facility for disabled children and for autistic children, classes for managing stress and conflict resolution, and a distribution centre – we celebrated Mass with a church filled with Christian Iraqi refugees. Later we were able to interact with them over lunch, despite the language barrier.

One of the most moving moments was after lunch when the refugees were boarding the buses to leave. I was called over to one of the buses by a father of three. The family had already boarded the bus but he was anxious to speak to me. He asked me to pray for his youngest son, a boy of about eight. He explained that before leaving Iraq he and his son were in a car when a bomb exploded beside them. Since then the boy has not spoken a word. The anguish of the father was visible and palpable. I prayed for the boy and the family and blessed them, trying also to offer words of consolation and comfort. I felt

helpless, as I so often do in the face of great suffering.

The incident brought home to me once again the consequences of violence, conflict and displacement of people. These tragedies have consequences that will be felt far into the future. Victims will live with trauma for the rest of their lives. The destruction and futility of violence should always spur us on to work for peace and to pray for peace. So often we get lost in numbers and statistics that we forget the humanity of the people involved. Each of these people has their own story of suffering and every parent experiences the agony of watching their children suffer. Desperation has forced them to leave their homes and to abandon everything – except their faith.

In Cape Town we are host to thousands upon thousands of refugees. We often do not know what has brought them here, what caused them to uproot themselves with their families and what they have endured in terms of human suffering. We are deeply grateful to organisations, especially the Scalabrini Fathers and volunteers, who care and support refugees. But we all have a responsibility, especially to ensure that our parishes are places of welcome, of hospitality and peace to refugees. In this Year of Mercy it is a challenge, already given by Pope Francis to Christians in Europe, to open our hearts to refugees.

*+ Stephen Brislin*  
**+ Stephen Brislin  
Archbishop of Cape Town**



*Letters to  
The Editor*

Archdiocesan News is a channel of communication and dialogue for the people of the Archdiocese of Cape Town. The views expressed in it do not necessarily reflect the views of the editors. It hopes to communicate various events, discuss topical issues, provide theological and spiritual input, and reflect all aspects of the life of our Church.

Archdiocesan News is produced by the Archdiocese of Cape Town and appears quarterly. Thank you to those who submitted articles for this edition. What would you like to see in future editions? Please submit reports about events and workshops that take place in your parish, or suggest topics and issues you feel would be beneficial to our Church.

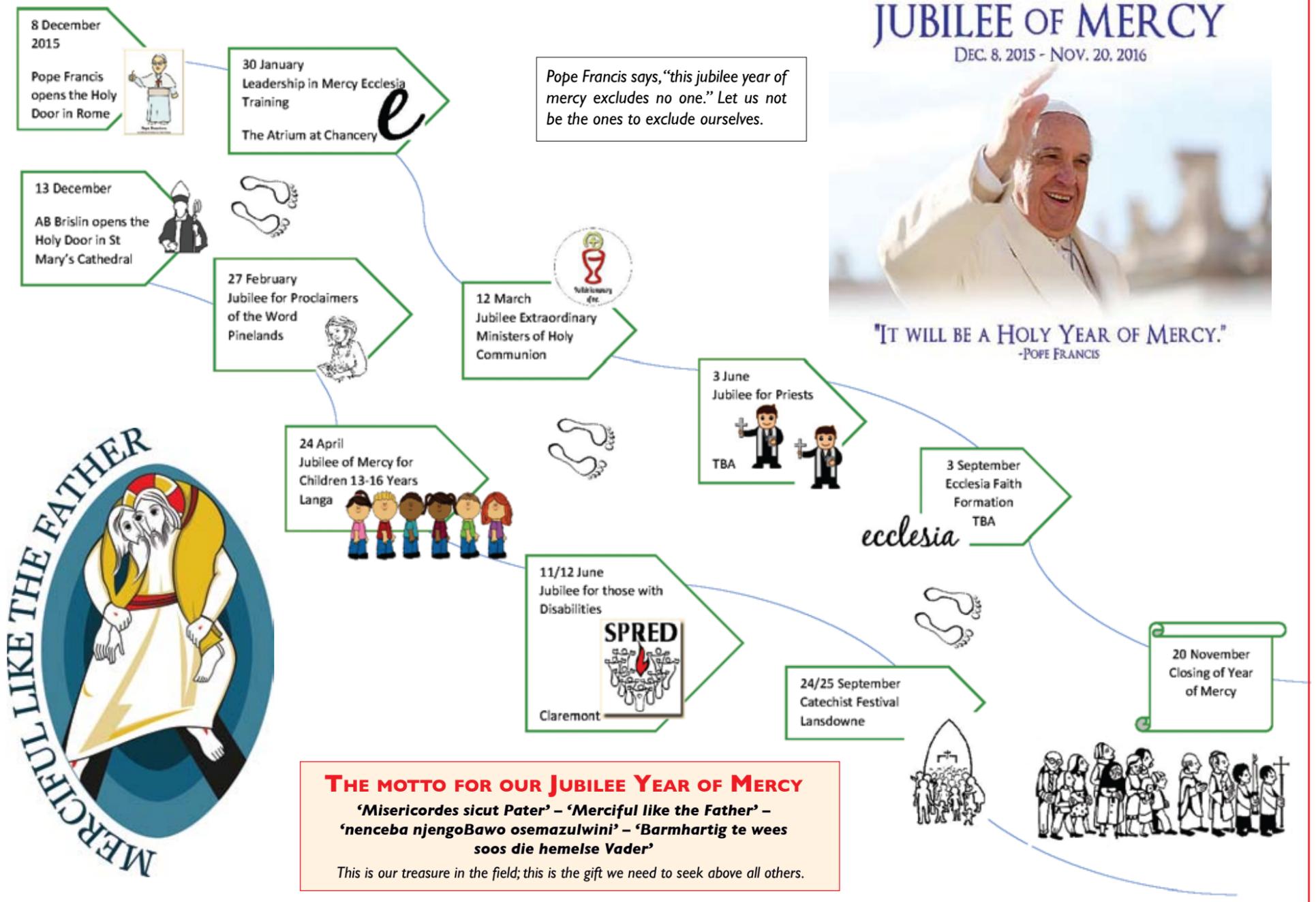
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# A Pilgrim's Path through the Year of Mercy

## Ways to participate during the Year of Mercy



## This Jubilee Year affords us an opportunity to reflect on:

**The Father of Mercies** – "O God you search me and you know me" (Psalm 139).

**Jesus Christ, the face of the Father** – "I am the way, the truth and the life... to have seen me is to have seen the Father" (John 14: 6, 9).

**The Gifts of the Spirit** – "the fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control" (Galatians 5: 22).

**The Corporal Works of Mercy** – "Let us rediscover these corporal works of mercy: to feed the hungry, give drink to the thirsty, clothe the naked, welcome the stranger, heal the sick, visit the imprisoned and bury the dead." (MV15)

**The Spiritual Works of Mercy** – "It is absolutely essential for the Church and for the credibility of her message that she herself live and testify to mercy. Her language and her gestures must transmit mercy, so as to touch the hearts of all people and inspire them once more to find the road that leads to the Father" (MV12). The Spiritual Works of Mercy are: To admonish sinners, Instruct the

uninformed; Counsel the doubtful; Comfort the sorrowful, Be Patient with those in error; Forgive offenses; Pray for the living and the dead.

**The Sacrament of Mercy** – "So many people are returning to the Sacrament of Reconciliation... rediscovering a path back to the Lord, living a moment of intense prayer and finding meaning in their lives. Let us place the Sacrament of Reconciliation at the centre once more" (MV17. 3).

**Mary, The Mother of Mercy** – "The Mother of the Crucified and Risen One has entered the sanctuary of divine mercy because she participated intimately in the mystery of his love" (MV24).

**CHALLENGE YOURSELF!!**  
The spiritual and corporal works of mercy are tangible ways for us to live and share God's mercy to those in need. During the Year of Mercy, set yourself the goal of performing at least 10 of the works of mercy listed above. Make it a habit!

Read the book **Mercy in the City** by journalist Kerry Weber, who challenged herself to complete the corporal works of mercy during the season of Lent in the big and bustling city of New York.

## WHAT'S IN A DOOR?

To mark the beginning of the Year of Mercy, Pope Francis opened a special holy door at St Peter's Basilica "through which anyone who enters will experience the love of God who consoles, pardons, and instills hope."

**The words of the 'Servant Song' by Richard Gillard seem to sum up the attitudes and character expressed by Pope Francis for the Jubilee of Mercy. Reflect on them regularly.**

*Brother, let me be your servant.  
Let me be as Christ to you.  
Pray that I might have the grace  
To let you be my servant, too.*

*We are pilgrims on a journey.  
We are brothers on the road.  
We are here to help each other  
Walk the mile and bear the load.*

*I will hold the Christ-light for you  
In the night time of your fear.  
I will hold my hand out to you;  
Speak the peace you long to hear.*

*I will weep when you are weeping.  
When you laugh, I'll laugh with you.  
I will share your joy and sorrow  
Till we've seen this journey through.*

*When we sing to God in heaven,  
We shall find such harmony  
Born of all we've known together  
Of Christ's love and agony.*

*Brother, sister let me serve you.  
Let me be as Christ to you.  
Pray that I might have the grace  
To let you be my servant, too.*

## What's in a logo?

The logo and the motto together provide a fitting summary of what the Jubilee Year is all about. The motto **Merciful Like the Father** (taken from the Gospel of Luke, 6:36) serves as an invitation to follow the merciful example of the Father who asks us not to judge or condemn but to forgive and to give love and forgiveness without measure (cfr. Lk 6:37-38). The logo – the work of Jesuit Father Marko I. Rupnik – presents a small summa theologiae of the theme of mercy. In fact, it represents an image quite important to the early Church: that of the Son having taken upon his shoulders the lost soul demonstrating that it is the love of Christ that brings to completion the mystery of his incarnation culminating in redemption. The logo has been designed in such a way so as to express the profound way in which the Good Shepherd touches the flesh of humanity and does so with a love with the power to change one's life. One particular feature worthy of note is that while the Good Shepherd, in his great mercy, takes humanity upon himself, his eyes are merged with those of man. Christ sees with the eyes of Adam, and Adam with the eyes of Christ. Every person discovers in Christ, the new Adam, one's own humanity and the future that lies ahead, contemplating, in his gaze, the love of the Father.



The scene is captured within the so called mandorla (the shape of an almond), a figure quite important in early and medieval iconography, for it calls to mind the two natures of Christ, divine and human. The three concentric ovals, with colors progressively lighter as we move outward, suggest the movement of Christ who carries humanity out of the night of sin and death. Conversely, the depth of the darker colour suggests the impenetrability of the love of the Father who forgives all.

## FOOD FOR THOUGHT

"... At times how hard it seems to forgive! And yet pardon is the instrument placed into our fragile hands to attain serenity of heart."  
Pope Francis, Papal Bull of Indiction for the Year of Mercy

## YEAR OF MERCY WEBSITE

[www.im.va](http://www.im.va)  
Read the full Papal Bull of Indiction for the Year of Mercy and view the latest news resources and videos from the Vatican

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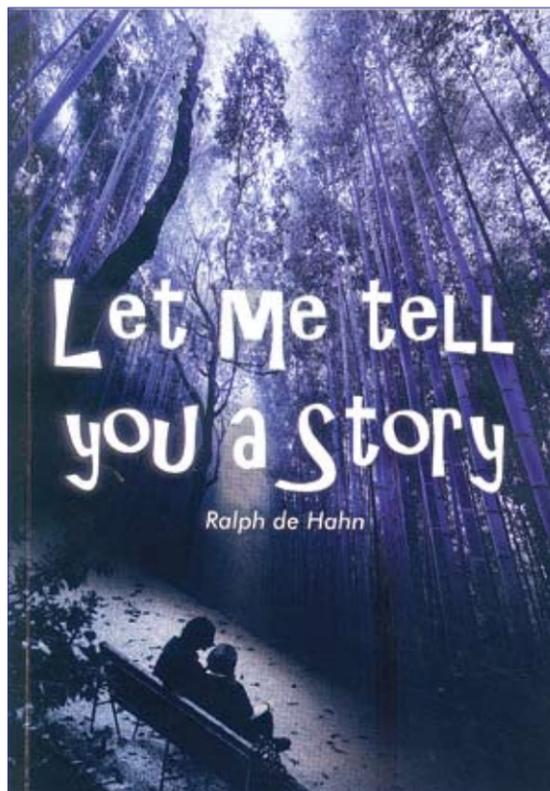
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## CPD Training Courses

Please direct all queries about training to CPD at 021 462 2417.

FEB	02	19.30	<b>Marriage Preparation</b> Course at Athlone
	2-8		<b>Alpha Marriage</b> Course
	3	19.00-21.00	<b>Theology</b> Course at the Chancery
	3	19.30	<b>Marriage Preparation</b> Course at Parow Valley
	4	10.00	<b>Xhosa Apostolate</b> priests' meeting at Hermanus
	6	09.30	Pastoral Introduction to the <b>Order of Mass</b> at Pinelands
	6	10.00-14.00	<b>Good Shepherd Catechesis</b> level 1 at Rondebosch
	7		<b>ECCLESIA SEASON "LIVE MERCY" BEGINS</b>
	9	19.30	<b>Marriage Preparation</b> Course at Lavistown
	11	19.00	<b>Rite of Election 1</b> at Lansdowne (for southern parishes)
	12	19.00	<b>Rite of Election 2</b> at St Mary's Cathedral (for northern parishes)
	13	09.30-12.30	<b>Proclaimers of the Word 1</b> at the Chancery
	13	10.30-13.30	<b>Proclaimers of the Word 1</b> at Goodwood
	17	19.00-21.00	<b>Theology Course</b> at the Chancery
	20	09.30-12.30	<b>Extraordinary Ministers of Holy Communion</b> training part 1 at the Chancery
	20	09.30-12.30	<b>Catechetics Co-ordinators'</b> meeting at St Ignatius, Claremont
	20	10.30-13.30	<b>Extraordinary Ministers of Holy Communion</b> training part 1 at Goodwood
	20-21		<b>Engaged Encounter</b> weekend at Pinelands
	24	19.00-21.00	<b>Theology</b> Course at the Chancery
	26-28		<b>Youth Ministry Conference</b> at Habonim Campsite, Hermanus
	27	09.30-12.30	<b>RCIA</b> training 1 at Claremont
	27	09.30-12.30	<b>Catechetics Formation Programme 1</b> at Lansdowne, Kraaifontein, Westridge and northern venue to be confirmed.
	27	10.00-14.00	<b>Good Shepherd Catechesis</b> level 2 at CBC, Parklands
			Jubilee Year celebrations for <b>Proclaimers of the Word</b> at Pinelands
MAR	2	19.00-21.00	<b>Theology</b> Course at the Chancery
	4-5		<b>24 Hours for the Lord</b> (in Parishes)
	5	09.30-12.30	<b>Altar Servers</b> Co-ordinators' meeting at the Chancery
	5	10.00-14.00	<b>Good Shepherd Catechesis</b> level 1 at Rondebosch
	9	19.00-21.00	<b>Theology</b> Course at the Chancery
	12		Jubilee celebrations for <b>Extraordinary Ministers of Holy Communion</b> at Pinelands
	16	19.00-21.00	<b>Theology</b> Course at the Chancery
	19	09.30-12.30	<b>Catechetics Formation Programme 2</b> at Lansdowne, Kraaifontein, Westridge and northern venue to be confirmed.
	19	09.30-12.30	<b>RCIA</b> training 2 at Claremont
	19	10.00-14.00	<b>Good Shepherd Catechesis</b> level 2 at CBC, Parklands
APR	2	09.30-12.30	<b>Baptism</b> training at the Chancery
	2	10.00-14.00	<b>Good Shepherd Catechesis</b> level 1 at Rondebosch
	4		<b>Marriage Preparation</b> Course at Kuils River
	8	19.30	<b>Mass of the Neophytes</b> at the Cathedral
	8-10		<b>Marriage Encounter</b> weekend at Maryland
	9-10		<b>Engaged Encounter</b> Weekend at Pinelands
	14	19.30	<b>Marriage Preparation</b> Course at Retreat
	15	10.00-14.00	<b>Good Shepherd Catechesis</b> level 2 at CBC, Parklands
	16	09.30-12.30	<b>Catechetics Formation Programme 3</b> at Lansdowne, Kraaifontein, Westridge and northern venue to be confirmed.
	16	09.30-12.30	<b>Proclaimers of the Word 2</b> at the Chancery
	16	09.30-12.30	<b>RCIA</b> training at Claremont
	16	10.30-13.30	<b>Proclaimers of the Word 2</b> at Goodwood
	19	19.30	<b>Marriage Preparation</b> Course at Table View
	20	19.00-21.00	<b>Theology</b> Course at the Chancery
23		<b>Jubilee of Mercy</b> for children 13-16 years of age at Langa	
MAY	4	19.00-21.00	<b>Theology</b> Course at the Chancery
	7	09.00-15.30	<b>Catechists' Retreat</b> at Lansdowne
	7	09.30-12.30	<b>Extraordinary Ministers of Holy Communion</b> training 2 at the Chancery
	7	10.00-14.00	<b>Good Shepherd Catechesis</b> level 1 at Rondebosch
	7	10.30-13.30	<b>Extraordinary Ministers of Holy Communion</b> training 2 at Goodwood
	10	19.30	<b>Marriage Preparation</b> Course at York Road, Green Point
	11	19.00-21.00	<b>Theology</b> Course at the Chancery
	18	19.00-21.00	<b>Theology</b> Course at the Chancery
	21	09.30-12.30	<b>Catechetics Formation Programme 4</b> at Lansdowne, Kraaifontein, Westridge and northern venue to be confirmed.
	21	09.30-12.30	<b>RCIA</b> training at Claremont
21	10.00-14.00	<b>Good Shepherd Catechesis</b> level 2 at CBC, Parklands	
25	19.00-21.00	<b>Theology</b> Course at the Chancery	

For more detailed information about these courses please see our website at [www.adct.org.za/cpd-downloads/](http://www.adct.org.za/cpd-downloads/)

## Theology Today

Mrs Andrew Borella



As we enter once again the Season of Lent, it is for us to reflect on the significance of this special time. All the liturgical Seasons are there to bring about a lasting realisation of the new life in Jesus, each according to the specific focus of the Season. Sadly this does not always happen. All too often we enter a given Season, pass through it and then pack it away without being changed and renewed in some way. As an illustration of this point, we could consider the fact that in Lent, people give up something as a form of sacrifice and at the end of Lent take it straight back and carry on life as usual – no change has taken place. The whole idea of giving up (or taking on) something is that it endures into our lives beyond the Lenten Season.

Ultimately, Lent is a lot more than a sacrifice that we make, since such sacrifices are only an external expression of a much deeper reality that happens in this time. Lent has traditionally been characterised by prayer, fasting, almsgiving and acts of penance. Our sacrifices fall within this grouping of activities. The deeper reality of Lent is found in the liturgical understanding of this Season, which is the final preparation of the catechumens for Initiation in the Easter Vigil. This a time of purification and enlightenment.

This raises a number of issues for our consideration – Lent is the preparation for our celebration of the Easter Triduum. In the great Three Days we step into the very moments of the Passion, Death and Resurrection of Jesus,

the core of our Christian faith and that which determines who we are as the Baptised. As we live through these moments in celebration, we are drawn into the Renewal of our Baptismal Promises in the Easter Vigil. This means that the goal of Lent is for us to work towards a renewing of our baptismal commitment in such a way that it is intensified and increasingly lived out by us. Thus it is for us to be able to grow into the new life of the Risen Jesus (the understanding of initiation into Eternal Life).

With this focus in front of us, we gain a very real insight into what Lent is all about. It is a time of introspection by which we look at our baptismal life and how well, or otherwise, we are living it. Where we recognise our failure to be fully transformed into the Person of Jesus, it is for us to be purified, both in our intentions and our way of life. Hence the significance of Purification – a turning around of our lives back to God – prayer, fasting, almsgiving and acts of penance. Such purification is all about repentance and conversion.

At the same time it also about being enlightened, drawn into the light of the Gospel. On Ash Wednesday we make a personal commitment to repent and believe in the Gospel and it is a commitment to the renewing of our baptismal life through Purification and Enlightenment. This renewal is to be ongoing beyond the Season of Lent in the deepening of our lives as the community of the baptised.

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# My Horse, My Hero

A short story by Fr Ralph de Hahn

It was a terrible frightening storm that raged all night in Table Bay on 1st June 1773. Five ships of the Dutch East India Company lay anchored in the bay, mercilessly pounded by the angry waves. It was the northwest gale at its worst.

"What are those ships doing here in the bay?" cried tiny Piet, an old sailor who knew the ropes. "It's mid-winter. They should be anchored in Simon's Town!" And he was right, for it wasn't long after 5 a.m. when the one ship was lifted by the ferocious waves, broke anchor and crashed against the jagged rocks of the Salt River.

"It's the Jonge Thomas" cried Oom Klassie "and look, she's breaking in two!"

Sailors and passengers began crying for help but the haunting howl of the storm was far greater. The captain, Barend Lameren, who felt responsible for the lives of about 200 men gave the command "...hold on tightly ...be patient and wait for help, it will come!" The disobedient passengers who challenged the raging waters swam for shore but found the task impossible. Many drowned.

There were about thirty soldiers on the beach under orders to control the excited crowds. They were stationed at the Castle, and called upon to help with the rescue, but they were entirely helpless. Governor van Plettenberg remained in his carriage wondering how any rescue was possible. "Is there no way we can establish a rope to the wreck and bring the men ashore?" he yelled to the corporal. The soldier answered with a blank stare and sealed lips. The Governor realized there was no immediate rescue plan. However he was feeling satisfied that the eighteen money chests were safely loaded



from one of the other ships and was securely rested in the Castle.

The raging sea played havoc with all five ships, but the Jonge Thomas was broken and slowly sinking. Canon fire from the ships was a desperate cry for help. It was nearing daybreak when a man on horseback appeared on the scene. His name was Wolraad Woltemade, a Cape dairy farmer – a mature sailor, now retired, who was once stationed with the Muizenberg garrison. "It's a hopeless mess, there's nothing we can do" cried Piet as he approached Wolraad.

"What brings you down here, sir?" The rider explained, "My son Christiaan is with the soldiers. I have brought him a loaf of bread and some wine." And with a little searching among the confused excited crowd Wolraad finally found his son, "My boy, what is the real problem here? Is there no rescue plan?"

Christiaan shook his head, "the soldiers can do nothing, the storm is far too vicious. There are hundreds of men out there on that wreck and the governor and his troops are powerless."

Wolraad Woltemade, an old soldier and man with a generous heart, gazed into the cold, misty air. "Is there not even a rope extended to the wreck?" he asked in utter astonishment. No, nothing! His heart was moved with pity. He whispered into the ear of his horse: "Vlok, should we try? Are you strong enough?"

Wolraad and Vlok were such

intimate friends. They spoke the same language.

Suddenly, grabbing whatever strong rope he could find, Wolraad and Vlok plunged into the raging sea and swam toward the wreck. Reaching the broken ship he cried "Just two... only two... jump into the water and take the rope." Two men obeyed the call and horse and rider fought the angry waves and pulled them to shore.

"Let's go back Vlok, there are many more to rescue." And again, horse and rider gallantly braved the waves, and another two men were brought safely to shore. Wolraad asked his horse if he had strength enough to continue this urgent mission. Vlok responded by plunging into the cold waters.

Then disaster! The only rope was lost. Wolraad raised his voice above the angry wind "Hold on to the horse's tail!" And so they did! "...only two at a time...only two!" he pleaded. In this manner horse and rider made seven trips to the wreck and brought fourteen men ashore.

An amazing feat, but now the horse was utterly exhausted and Wolraad was prepared to rest him. However the desperate cries from the sinking wreck tore at his heart. "Vlok, are you able? Just one more rescue?" The obedient animal moved slowly to the water, and with his rider made that final rescue mission – which proved fatal! Wolraad cried out loudly against the raging wind "...only two at a time...hold on to the horse's tail... only two, no more!"

But the despairing sailors, fearing the end, jumped into the waters, not two, but six, and hanging on to the horse, dragged horse and rider under the angry waves. Christiaan, on shore, cried out for God's intervention to save his father. But, alas, in the end the storm won the battle.

"But that was suicide, dad, that was suicide. How could you!" The old sailor Piet shed tears, and he and Oom Klassie closed in on Christiaan with a comforting embrace, facing together the horror of it all.

It is recorded that there were possibly 53 survivors, including the 14 rescued by Wolraad Woltemade and his obedient horse. Among all the bodies finally washed up on the beach there was that of Wolraad. But there was no sign of his horse.

Above the singing wind and the angry lashing of the waves came the words of holy scripture from the lips of sailor Piet: "...there is no greater love than this, that a man should lay down his life for his friends."

Here is told a story of such unselfish love, which alone can achieve the impossible.

## CPLO Roundtable Discussions



**Restorative Justice at Schools: Doing Discipline Differently, in collaboration with the Catholic Institute of Education (CIE), 19 October.** Presentations were made by (L-R) Oscar Apollis (Manager, Safe Schools Programme – WCED), Hugh Fynn (independent restorative justice practitioner) and Anne Baker (Deputy Director, CIE)



**Who should run the courts? in collaboration with the Hanns Seidel Foundation, 26 October.** Professor Richard Calland (University of Cape Town's Democratic Governance and Rights Unit) and Mr John Jeffery (Deputy Minister of Justice and Constitutional Development)



**Lunch with the Secretary to Parliament, Mr Gengezi Mgidlana, in collaboration with the Hanns Seidel Foundation, 5 November.** L-R: Alfonso Tagliaferri (Italian Consul General), Gengezi Mgidlana (Secretary to Parliament) and Fr Peter-John Pearson (Director, CPLO)



**Social transformation: How far have we come? How far still to go? in collaboration with the Hanns Seidel Foundation, 6 November.** CPLO Director, Fr Peter-John Pearson and Prof. Jonathan Jansen (Vice Chancellor, University of the Free State); Ms Poppy Mocumi (National Chairperson, Disabled Women of South Africa, and member of the National Planning Commission)



**Rural education: Addressing the challenges, in collaboration with the Catholic Institute of Education (CIE), 18 November.** Moderator, Mr Mduzuzi Qwabe (Researcher, CIE) and speaker, Dr Phumzile Langa (Acting Director, Rural Education – Department of Basic Education); Ms Veerle Dieltiens (Researcher, Centre for Education Policy Development)

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<b>Options to Egypt, Turkey or Rome</b>	
An Experience of a Lifetime!	
<b>2016 HOLY LAND PILGRIMAGES</b>	
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August 2016 – St Mary's Cathedral	Spiritual Leader: Fr Michael Clement SAC
September/October – St Anne's Parish, Steenberg & Humble Servants of Christ – Deacon Eugene Tito	
October 2016 – Botswana Vicariate	Spiritual Leader: Bishop Frank Nubuasah
<b>2017 HOLY LAND PILGRIMAGES</b>	
April 2016 – St James Parish, Schauderville, Port Elizabeth	Spiritual Leader: Fr Henry Nwokoro CSsR
April 2016 – Grassy Park Parish	Spiritual Leader: Fr Benjamin MSFS
May 2016 – A Meditative Journey in the Holy Land	Spiritual Leader: Fr Larry Kaufmann CSsR
September 2016 – Our Lady of Perpetual Help, Retreat	Spiritual Leader: Fr Benjamin MSFS
<b>UP-COMING MARIAN PILGRIMAGES TO EUROPE 2016 &amp; 2017</b>	
June 2016 – Pilgrimage to Portugal (Fatima), Spain & France (Lourdes, Nevers and Paris).	Spiritual Leader: Fr Job MSFS & Dcn Joseph Arulandu
May 2017 – Fatima Centenary Celebration	Pilgrimage to Portugal (Fatima), Spain & France (Lourdes, Nevers and Paris)
Spiritual Leader: Fr Cecil Dowling CSsR	
June 2017 – Fatima Centenary Celebration	Pilgrimage to Portugal (Fatima), Spain & France (Lourdes, Nevers and Paris)
Spiritual Leader: Fr Michael Clement SAC	
July 2017 – Youth Pilgrimage	Pilgrimage to France (Lourdes, Taize, Nevers and Paris)
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### Abortion Warning

'The Pill' can abort, undetected, soon after conception. A medical fact. See [www.humanlife.org/abortion\\_does\\_the\\_pill.php](http://www.humanlife.org/abortion_does_the_pill.php)



## Knights and Dames of the Holy Sepulchre

On Sunday 8 November 2015, 29 people (including a priest and two deacons) were invested by Archbishop Stephen Brislin into the Equestrian Order of the Knights and Dames of the Holy Sepulchre of Jerusalem at Our Lady of Good Hope Church, Sea Point. Archbishop Brislin is the prior of the Order in southern Africa. The Knights and Dames of the Holy Sepulchre, who do developmental work in the Holy Land and encourage pilgrimages there, were represented by local magistral delegate Joseph Quinn and knights and dames of the order from Britain. For more pictures of the event please go to [www.adct.org.za/investiture-into-knights-of-the-holy-sepulchre/](http://www.adct.org.za/investiture-into-knights-of-the-holy-sepulchre/)

## Capuchins celebrate ordination to the Priesthood

Anstey Lawrence Kay OFM Cap was ordained to the priesthood by Archbishop Stephen Brislin on Friday 11 December 2015 at Immaculate Conception Parish, Parow.

Fr Anstey originally came from Belgravia, Cape Town. He studied for the priesthood at St John Vianney Seminary, Pretoria. He is a member of the Capuchin Franciscan Order in South Africa.

His mother and father, Neela and Joe Kay, were for many years active in the Marriage Encounter movement. His late uncle, Dcn Anstey Kay, was a permanent deacon in the Archdiocese of Cape Town.



**ABOVE:** The newly ordained, together with his parents, Neela and Joe Kay.

**RIGHT:** Archbishop Stephen Brislin presents Fr Anstey to the congregation.



New Year's eve party at St Joseph's, Goodwood



## A Cross for the Year of Mercy

To mark the extraordinary Jubilee Year of Mercy initiated by Pope Francis, the Christian Brothers' Centre in Stellenbosch has erected a metal cross of Mercy on their beautiful campus. The Cross is situated on an island in their dam and is reachable by a bridge.

The Cross is an invitation to reflect on God's fathomless mercy, to pray, and to ponder. As Pope Francis has said, this year is for each of us to have "a genuine experience of God's mercy". He urges

us to accept God's mercy in our lives and to give mercy to others too.

At the CB Centre we are encouraged to profess our commitment to the Cross of Jesus and make an act of commitment as we attach our padlock to the Cross and throw away the key! This is an expression of our intention to be united to the power of the Cross and live in God's mercy forever.

Pope Francis says, "this jubilee year of mercy excludes no one." Let us not be the ones to exclude ourselves.



Archbishop Stephen Brislin speaking at a Mass for Fr Sean Cahill's Golden Jubilee Mass of ordination to the Priesthood, held at Immaculate Conception Church on 31 May 2015. Seated, L-R: Fr Peter-John Pearson, and Capuchin Fathers Sean Cahill and Sonny Gadai.



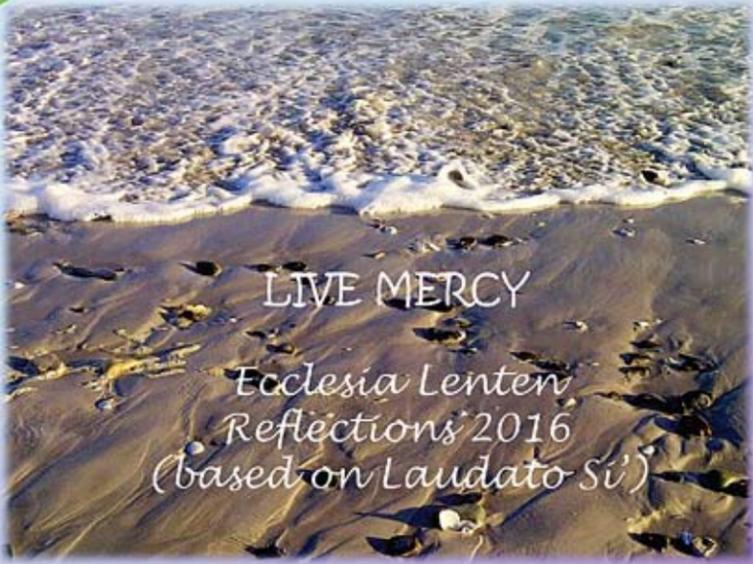
On 11 November 2015, the Sacred Heart Society of the Archdiocese of Cape Town presented Archbishop Stephen Brislin with a cheque for R20 000 towards the Archbishop's Building Fund. With him is Fr Nkululeko Qokolo, chaplain to the Sacred Heart Society.

# LIVE MERCY

Facilitator Training and Preparation for the Ecclesia Lenten Season took place on Saturday 30 January 2016 at the Chancery Atrium. At this gathering, materials for this very important season with the theme “Live Mercy” – based on Pope Francis’ encyclical “Laudato Si” – were presented.

All facilitators and Co-ordinators who were unable to attend please call 021 462 2417 or email Sharyn O’Connor at sharyncpd@gmail.com to place your order for materials for your Ecclesia group, your family or just for yourself.

R25 per booklet.



Join us as we study the ways to care for our common home and live out our calling in the Jubilee Year of Mercy

Five sessions – for Lent.

Explore, understand, discuss and LIVE MERCY

## Four ordained to the Permanent Diaconate



**Newly ordained deacons: Saville Graayenstein, Bernard Hermanus, Mario Da Costa and Johann Baartzes**

In a joyful liturgical celebration at Our Lady Help of Christians, Lansdowne, Archbishop Stephen Brislin ordained four men to the permanent diaconate on 15 December 2015, for service in various parishes of the Archdiocese of Cape Town. The last ordination to the permanent diaconate in the Archdiocese was in 2008.

The four men are Bernard Hermanus from St Mary of the Angels, Athlone; Saville Graayenstein from Holy Family, Bellville South; Mario Peter Da Costa from All Saints and St Kevin’s, Brackenfell; and Johann Baartzes from St Ninian’s, Kuils River.

Through the grace of God, these four men of faith have been called to serve the Church as deacons. Each brings his unique gifts to their ministry. Gratitude has to be expressed to their loved ones, especially their wives and families, for their love, support and encouragement as they prepared themselves for this lifelong commitment to the Church.

The ordination concluded a long journey of formation and discernment for the candidates. In his homily, Archbishop Stephen Brislin spoke of the role and function of deacons and the responsibility placed upon these men.

“To be called to the diaconate is to be called to live a life of service” he said, and gave thanks to God for the service of the four men. The Archbishop concluded by instructing the four to always love Jesus and to be witnesses to his word. The Archbishop had accepted the men as candidates on 8 December 2013 at St Mary’s Cathedral; instituted the group as lectors on 14 October 2014 at St Ninian’s, Kuils River and as acolytes on 17 July 2015 at Mary of the Angels in Athlone, culminating in their ordination on 15 December 2015 at Our Lady Help of Christians, Lansdowne.

Permanent Deacons are ordained clergy just like priests and bishops. The ministry that deacons perform include the teaching mission of the Church, caring for the poor, performing baptisms and marriages, conducting funeral liturgies, presiding at communion services and assisting the priest at Mass by proclaiming the Gospel, preaching, leading the intercessions, preparing the altar, and intoning the dismissal.

These four men are all married, engaged in outside occupations, and will serve the Lord within their parishes.



**Young people playing the Ecclesia board game based on Pope Francis’ encyclical “The Joy of the Gospel”.**

## Blessed Adolph Kolping Commemoration Day

**On Sunday 6 December 2015 Kolping Groups gathered at Our Lady of Fatima Parish in Bellville to commemorate the life and work of their founder, Blessed Adolph Kolping. Groups present were Delft, Elsie’s River, Gugulethu, Kleinvei, Malmesbury, Manenberg, Strandfontein, Kraaifontein, Langa, Khayelitsha Site C, Makhaza, Montagu and Swellendam.**



**L-R: Fr Dominic Helmboldt – Kolping Praeses of Manenberg; Fr Peter-John Pearson – Vicar General; Fr Christian Frantz – Kolping National Praeses and Fr Patrick Claassen – Kolping Praeses of Swellendam and Montagu, who celebrated Mass at the Commemoration Day**



# The Church as Mother of Vocations

Pope Francis in his 52<sup>nd</sup> World day of Prayer for Vocations focuses on the Church as the Mother of Vocations. He speaks about three areas in which a vocation is rooted.

Pope Francis says that Vocations are born within the Church. "From the moment a vocation becomes evident, it is necessary to have an adequate sense of the Church." If a young person desires to respond to the Lord they will be able to be more objective in their discernment if they have a good sense of the wider Church.

Secondly, Pope Francis says that vocations grow within the Church. It is important that young people have a sense of the bigger Church through exposure to different religious orders as well as being in the company of diocesan priests where they can experience pastoral life in the parish and in the diocese.

Thirdly, Pope Francis says that vocations are sustained by the Church. After making a commitment to serve the Church the young person needs to persevere in their vocation, through their willingness to serve, and through their perseverance and ongoing formation.

Pope Francis says that priests are especially important in the pastoral care of vocations. "Priests accompany those who are discerning a vocation, as well as those who have already dedicated their lives to the service of God and of the community."

In conclusion, Pope Francis says that

"all the faithful are called to appreciate the ecclesial dynamism of vocations, so that communities of faith can become, after the Blessed Virgin Mary, like the mother's womb which welcomes the gift of the Holy Spirit. The motherhood of the Church finds expression in constant prayer for vocations and in the work of educating and accompanying all those who perceive God's call."

If you are a young person desiring to follow the call of the Lord, then make contact today. Speak to your parish priest and he will put you in contact with the Vocations Director or one of the Religious Congregations.

May 2016 be the year when God's dream for you will be realised.

God bless

**Fr Emmanuel Siljeur**  
Episcopal Vicar for Vocations and Seminary Formation  
emmanuelstil333@gmail.com

## 2016 Discernment Sessions for young men desiring to become a Diocesan Priest

February 13, 20, 27  
March 05, 19  
April 09, 16 (Vocations Festival), 23  
May 07, 21, 28  
June 04, 11, 18  
July 23, 30  
August 06, 13



# CDs of Fr Nicholas King lectures now available

The Jesuit Institute South Africa has created a set of CDs from the Winter Living Theology lectures given by popular Southern Cross columnist, writer and scripture scholar, Fr Nicholas King, SJ. Earlier this year Fr King toured six southern African cities where he delivered a series of talks entitled The Scandal of Christian Disunity – a Biblical Approach. By popular demand the Institute, teaming up with Radio Veritas, has created a set of 9 CDs. Each CD is one of the lectures. Winter Living Theology 2015 was attended by record numbers of people. Ursula Van Nierop, who kindly listened to the lectures to check the recording, said "I thoroughly enjoyed hearing them all again, Fr King really makes the Scriptures come alive." She said that she found it very good to listen to the CDs while travelling in the car.

The Institute has confirmed that Professor of Historical and Liturgical Theology from the Jesuit School of Theology and Ministry at Boston College, Fr John Baldovin SJ, will be delivering Winter Living Theology in 2016. He will talk on Worship and Social Justice: The implications of belonging to a worshipping community. The Institute will confirm dates and venues soon – keep reading the Southern Cross and Archdiocesan News for details.

The set of nine CDs of Fr King's lectures is available from the Jesuit Institute at a cost of R300 (excluding postage and courier fees). There are limited copies available. You can order your copy from Tracy at the Institute by emailing her: admin@jesuitinstitute.org.za

# The Role of the Archdiocesan Catholic Health Care Association

## Background to ACHCA

Archbishop Stephen Brislin identified a need for the return of compassion and caring in the care of the sick and vulnerable. And so to re-kindle and sustain the zeal and motivation of any Carer providing the caring role – be it in the parish, workplace, community or family setting – the Archdiocesan Catholic Health Care Association (ACHCA) was launched in November 2012 under the guidance of Archbishop Brislin and Sr Margaret of Nazareth House.

The working group at the first meeting in 2013 articulated the need for spiritual nurturing and ongoing support to Carers. Burn-out was identified as a grave concern, to enable Carers to continue to work 'effectively in the Vineyard of the Lord'.

## Vision

A committee was established at this meeting to take the process forward. A Constitution was drawn up with input from the ACHCA members, which was approved and signed off by the Archbishop in 2014. The Vision of the Association is "to be living witnesses of the love and compassion of Jesus to those to whom we minister and work with in the healing and caring professions".

## Mission Statement

The Mission Statements to guide the association are:

- To establish a fellowship of Catholic Health Carers to empower, support and strengthen each other.
- To participate actively in the deliberation of issues affecting life, within a spiritually sound, moral and ethical context.
- To be an effective healthcare resource group within the Archdiocese.

The ACHCA is open to all Catholic men and women who are involved in or were involved in healthcare; i.e. any and all persons who render a caring function e.g. nurses, medical staff, social workers, Allied Health Professionals, Paramedics, home-based carers and anyone caring for someone in the home environment. Society members providing a caring role at parish level are also greatly encouraged to be members of the Association inter alia care groups, counsellors etc.

## Key Activities

At least 3 gatherings have been arranged per year as follows

- To celebrate International Nurses Day in May. This gathering is for all carers and not just nurses.
- Women's Day is celebrated in August, and men are also recognized for their support and contribution to health care.
- In November, a retreat is normally organized to focus on self-care to promote holistic wellness.
- A World AIDS Day Service is co-ordinated by ACHCA with prayers to celebrate the successes in the HIV/AIDS arena and to deal with the challenges that still have to be overcome.

In 2016 the following dates have been scheduled. The central theme of the Year of Mercy will be carried over into each gathering.

- 14 May – International Nurse's Day
- 13 Aug – Women's Day
- 12 November – Retreat
- Dec – World AIDS Day. To be confirmed by the Archbishop.

Each gathering commences with Mass, followed by a "Bring and Share" and then a presentation and



ACHCA Committee members with Archbishop Stephen Brislin. Seated, left to right: Estelle Groenewald (Secretary), Archbishop Brislin, Nodu Nolokwe; back, left to right: Magda Karelse (Vice Chair), Rhenolda Davies (Marketing Co-ordinator), Veronica Petersen, Josephine Rambele, Beatrice Boise

group sharing relevant to the topic of the day. Nazareth House has been the venue of choice as it is on the MyCity route and the facility is set up to cater for groups. On the occasion when this venue was not available, an alternative venue was sourced that was on a public transport route.

## Marketing

Notices of dates and venues for ACHCA gatherings in 2016 will be in all parish church bulletins a month in advance, in order for Carers to know when and where to attend these very meaningful days, so that they can revitalize and rejuvenate themselves spiritually and holistically and 'so continue in making love visible in all that they do'.

The Archbishop has taken a personal interest in the Association by ensuring that a priest with hospital chaplain experience is appointed to provide spiritual direction and support to the group. The ACHCA has been blessed with guidance from Fr Mark Foster, Mgr Jock Baird, and now Fr Mark Pothier.

There are currently 125 members on the Register for ACHCA, with approximately 30-40 members attending each gathering. Throughout the years, the members who have attended the gathering have always given positive feedback and have encouraged the committee to continue.

A committee of ten members were

elected in November 2012, and completed the first three year term of office in November 2015. An AGM was held on 14 November 2015 at which six of the previous committee members stood for re-election and were re-elected onto to ACHCA's Committee. There are currently four vacancies on the Committee. These will be filled at the first gathering on the 14<sup>th</sup> May 2016 when nominations will be called for.

The Committee is making a concerted effort to market and promote attendance at these gatherings. All health carers are encouraged to diarise these future above dates and to attend the gatherings. Through fellowship the love and caring of Jesus will be carried into the parish, family circle, community, and workplace. You are welcome to contact one of the following committee members, should you require more information on ACHCA.

<b>Magda Karelse</b>	076 164 5017 karelse@gmail.com
<b>Rhenolda Davies</b>	072 621 8107 rhenolda.davies@capetown.gov.za
<b>Marvina Johnson</b>	084 702 7768 marvina.johnson@webmail.co.za
<b>Veronica Petersen</b>	082 575 4121 natic2002@yahoo.com
<b>Beatty Boise</b>	082 940 1951 beaboise@hotmail.com
<b>Estelle Groenewald</b>	083 235 3495 gestelle@telkomsa.net



The recently established praesidium of Good Shepherd Parish, Bothasig enjoyed the Annual General Reunion of the Legion of Mary at Our Lady Help of Christians, Lansdowne on the 6 December 2015. L-R: Lynette Petersen, Estelle Groenewald, Carole Brownlee and Grace Martiensen

## Launch of the Catholic Board of Education

The newly formed CBE was launched on Saturday 16 January at the Cathedral of the Sacred Heart in Pretoria. Fr Hugh O'Connor and Sr Kathy Gaylor along with a number of owners have been working tirelessly to bring this to fruition. The CBE will provide the vision and guidance that is necessary to sustain our 350 Catholic Schools and many Skills Centres into the future.



## Year of Mercy

This important jubilee will be marked in a number of ways. Resource materials will be distributed for use in Religious Education classes, assemblies and liturgical services. A national Art Competition is being promoted encouraging our children to conduct a scriptural and catechetical exploration of the meaning of mercy.



## Matric results

We are exceptionally proud of all our Matriculants in the Western Cape but particularly our own Catholic schools – CBC St John's, Holy Cross, Immaculata, Marian, Springfield and St Joseph's. Our schools have received numerous accolades from the Western Cape Education Department and have been lauded on the quality of their passes. Our two schools for Deaf Children: Dominican Grimley in Hout Bay and the Dominican School in Wittebome need to be especially commended. These learners had to overcome onerous challenges to accomplish this milestone achievement and their teachers have worked intensively with them over the past couple of years.

Our 2016 programme of training and network events may be found on our website – [www.catholicsschoolsoffice-ct.co.za](http://www.catholicsschoolsoffice-ct.co.za)



**Cindy Rutter – Principal of Dominican School for Deaf Children**



**Maria Kerbelker – principal of Dominican Grimley for deaf children**



**ABOVE LEFT: We bid farewell to our "retiree" Mike Hoare and thank him for 20 years of dedicated service to our Catholic Network.**

**LEFT: CBE presentation to the leadership teams in the Oudtshoorn Diocese**

## CONGRATULATIONS!

### Centenary Celebrations

St Anthony's (Heathfield) and St John's (Kensington) celebrate their 100<sup>th</sup> anniversary this year. Both these schools are beacons of educational excellence and we know that they will continue to provide quality faith-based education for many decades to come.



**Farewell to Catholic Education stalwart, Erna Lehy, of Holy Cross**



**Combating Xenophobia workshop at Holy Cross Maitland**

## School Enrolment 2017

At the start of the year our office is always inundated with phone calls from desperate parents who have not managed to enrol their children in schools. Unfortunately all our schools (public and independent) have waiting lists and parents need to adhere to the prescribed Admissions Timeframe. Admission cut off dates for 2017 are even earlier than in previous years.

### WCED Admission Timeframes: (for all public school placements in 2017)

School Admissions open	School Admissions close	Parents are informed of outcome by letter	Parents confirm acceptance
01 February 2016	11 March 2016	24 June 2016	25 July 2016

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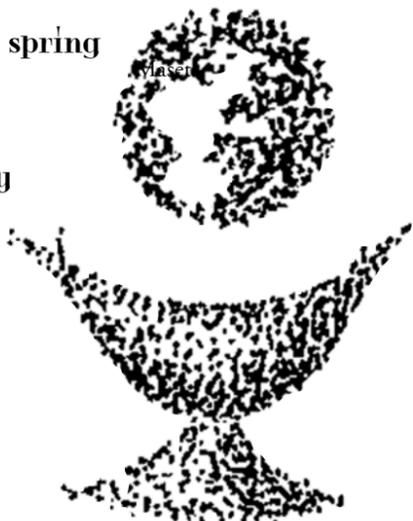
The cottage is set in a forest with a natural spring and close to the mountains and the sea.

Preference is given to those wanting to stay for three days or more.

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Kleinmond, Western Cape

Tel: (028) 271 3410

E-mail: [grailadm@mweb.co.za](mailto:grailadm@mweb.co.za)



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**THIS IS THE HQ OF THE CAPE CATHOLIC CHARISMATIC RENEWAL**

# The Eucharist – A Reflection

Liturgy, notably the Mass, is the public prayer of Christ to the Father, in which we are privileged to participate. We pray with and in Christ to the Father. Although the service is conducted by a priest, it is primarily the action of Christ, acting through his minister. This “action” (rituals such as words, gestures, objects such as bread, wine, chalices, all underlain by the power of the Holy Spirit), has no equal in its effectiveness as a dispenser of God’s richest graces and blessings (SC 7). It makes present God’s graces deriving from his saving deeds which are described in the Bible and made present in the liturgy, and has profound effects on participants, and in fact on all humankind. The Eucharist is the most important of all the Church’s public rituals and prayers (SC 7). It is the fountain from which all the Church’s power flows (SC 10). Graces, blessings all intended for our benefit in this life, and salvation in the next, are poured out from this fountain.

The two highpoints of the Mass are the Word (readings from the Bible), and the Eucharistic Prayer. In regard to the Word, we believe we do not live on bread alone, but on every Word which comes from the mouth of God (Dt 8:3, Mt 4:4). In a manner of speaking, we are “hard-wired” for God and his the Word, as we are made in his image and likeness (Gn 1:27). We have a deep-rooted desire for God. The Word, proclaimed in the Readings during the Mass, is a powerhouse of divine energy, and opens for us God’s graces flowing from his saving deeds, notably his Cross and Resurrection (VD 52). The Word, is a lamp for our journey in life, as it promotes moral behaviour, faith, peace and joy, allays anxiety as to the meaning of life, suffering, death, and opens our minds to the reality of life after death.

God’s Word and Deeds (notably his Cross and Resurrection), are intertwined in the Mass. The Word (Second Person of the Trinity) becomes flesh (Jn 1:14) and the incarnate Word, Jesus, subjects himself to the Cross and Resurrection, thus the Word becomes Deed. The Word proclaimed in the Mass points to the ultimate and most important of deeds, the Cross and Resurrection (the Easter Mystery, or Paschal Mystery), and pours our grace in abundance (VD 55). The Word is also the Bread from heaven. There is an unbreakable bond between the Word, Deed and the Eucharistic offering, all made present in the Mass. The Church ranks the Word of God as meriting the same reverence as that owed to the Eucharist (VD 55). These are as two sides of the same coin.

We are a chosen race, a royal priesthood a holy nation (1 Pet. 2:9), privileged to take part in a profound way, in the second highlight of the Mass, namely the Eucharist. In this celebration of rituals, empowered by the Holy Spirit, the greatest event in world history, namely the Cross and Resurrection of Jesus, is made present in this Easter memorial. Since at every moment of our lives, we are being sustained in existence by Christ Jesus, he is the true centre of reality and of history. The Easter event is a perfect summary of God’s love for us, and his intention of leading us to eternal life. The Cross and Resurrection event, which is fixed in eternity, comes down to us into our present moment, during the recitation of the Eucharistic Prayer by the priest. We can comfortably say that we stand for a while at Calvary, a witness to Jesus who gives his life for us. We truly participate, in a mystical but real way, in the original offering of Jesus, as members of the common priesthood by baptism.

Jesus is not crucified again but his original sacrifice enters into our present moment. Jesus’ Cross and Resurrection is God’s greatest action, because it is God himself who dies on the Cross. Jesus, mysteriously one with the Father, allows his own creatures to crucify himself, for love’s sake. In addition, the bread and wine become the Body and Blood of the Risen Jesus, the Risen Lord, for our consumption, that we may be filled with every grace and blessing, and anticipate the eternal banquet in the Kingdom of God. This too is an extraordinary miracle, and we can only struggle to appreciate the enormity of the fact that the Risen Lord is present in the consecrated Bread and Wine.

Thus what happens in the Mass, is so immense, spectacular, and powerful, that all other events and forms of prayer are seen as minor compared to this celebration. We are privileged beyond understanding to be present at the Mass. We need to constantly remind ourselves of the profundity and importance of the Mass. We can only use worldly metaphors to describe things of God. Thus the effects of a Mass, compared to any other service, can be described in its outpouring, as a nuclear explosion compared to a grenade. There is an enormous, but controlled release of divine energy, grace, the Holy Spirit and his gifts and fruits.

The Mass derives from the formula given to us by Jesus and the Holy Spirit, it is not a human invention, it is God’s invention and intervention, God’s gift to us, a sublime ritual given entirely for our benefit. The Holy Spirit has shaped the way the Church has learnt to celebrate the Mass to this day. The Eucharist draws from the rich tradition of God’s revelation to the people of Israel, especially the Passover rituals and the Lord’s Supper just prior to his Passion, and as shaped by the Holy Spirit over time. We celebrate the sacraments not for God’s sake, but for our sake, in order to benefit from the graces they impart. Our worship, essential as it is, can add nothing to God’s glory (he is infinitely great), but makes us grow in grace. The Eucharist is for OUR benefit.

The Mass is as high above the congregation and presiders as God is above his creatures. The word Mass derives from the Latin for being sent. At the end of the Mass we are sent out to transform the world. Like Jesus, whose food was to do the will of his Father, (notably the Deed, the Cross and Resurrection), we too have a mission to the world, “deeds” to accomplish. The liturgy puts us in formal communication with the Trinity, who empowers us and sends us, with the Holy Spirit, to bring good news to a world searching, even aching for God, even if often unaware of this deep need for its Creator.

We hope to grow in holiness, and as we do, we are inspired to discern the Signs of the Times and take part in God’s mission to the world and to engage with the world around us. We need to be humble in that we have received this free gift of faith, but also bold, or confident, that we have something infinitely precious to share.

**P. D’Oro**

SC = Sacrosanctum Concilium (Vatican II document on Liturgy, 1963)  
VD = Verbum Domini (Apostolic Exhortation, Pope Benedict XVI, 2010)



**St Catherine’s, Kleinvele celebrated Mass followed by a Family Picnic and Braai on Wed 16 Dec in thanksgiving and celebration of their new reconstructed church building, the debt of which is now completely paid. About 600 people attended and it was a day of great joy and fun for all.**



**ABOVE & LEFT: Catechism children at Church of the Resurrection, Table View presented a Nativity play on 5 December 2015 in the parish church.**



**ABOVE, LEFT & BELOW: Catechism children in Melkbos waited for Mary and Joseph to bring baby Jesus in. Then Father Christmas came to surprise them.**



## ARCHDIOCESAN SECOND COLLECTIONS

PARISH NAME	2014	2015	2014	2015	2014	2015
	PETER'S PENCE		ST PETER THE APOSTLE		PRIESTS' PROVIDENT FUND	
Athlone	1,040.00	2,050.00	1,053.00			1,420.00
Atlantis	275.00	185.00	270.00	185.00	195.00	400.00
Belgravia	1,380.45	1,213.30	1,245.70	1,483.25	1,275.80	1,345.00
Belhar	1,497.00	2,345.00	1,600.00	1,118.55	1,552.00	2,334.00
Bellville	3,861.00	4,320.00	2,896.00	3,750.00		5,860.00
Bonteheuwel	399.20		983.20	812.80		623.90
Bothasig	4,936.15	3,830.85	2,936.85	3,223.10	5,265.75	7,895.00
Brackenfell	1,847.00	2,124.60	2,397.05	1,979.40	2,396.25	3,305.00
Bridgetown	484.00	560.00	339.00	310.00	556.00	930.00
Camp's Bay	1,492.00	1,915.00	1,970.00	1,720.00	3,222.55	4,000.00
Cathedral	200.00		2,295.00		4,772.80	3,859.25
Claremont	2,900.00	2,502.00	2,950.00	2,800.70	2,840.00	2,437.60
Constantia	4,100.00	4,710.00	5,700.00	4,680.00	6,400.00	7,120.00
Delft	200.00	450.00	350.00	380.00	350.00	540.00
District Six	647.70	419.00	920.00	500.00		530.20
Durbanville	8,856.80	6,793.80	6,745.90	2,180.00	9,482.00	9,812.60
Elsie's River	969.20	1,035.00	1,162.90	1,208.00	1,565.00	1,638.60
Factreton	980.55	1,056.60	1,121.20		1,016.10	1,365.00
Fish Hoek	1,055.20	1,599.40	1,619.85	973.20	1,596.70	1,422.20
Goodwood	2,211.00	2,088.00	3,182.00	2,710.00	3,029.00	3,224.00
Grassy Park	2,250.00	2,461.00	1,466.00	1,700.00	3,000.00	2,230.00
Green Point	1,660.00	1,770.00	2,450.00	2,270.00	2,320.00	3,920.00
Gugulethu	122.00	667.50	310.00		319.00	
Hanover Park	1,650.00	1,890.00	2,240.00		1,920.00	3,320.00
Heathfield	5,175.65	6,090.00	6,052.35	5,770.35	5,827.95	6,648.55
Hermanus	3,002.00	2,580.10				3,967.00
Hout Bay	1,321.00	1,583.70	1,217.00	1,093.00	1,868.40	1,961.30
Khayelitsha OLQA	326.00	250.00	349.00		965.00	
Khayelitsha St R.	500.00	760.00	635.40	575.00	380.00	569.00
Kleinvele	1,630.00	1,465.00	1,195.50	1,716.50		1,835.00
Koelenhof	465.00	313.00	513.00	403.90	552.70	203.00
Kommetjie	1,471.80	1,981.90	1,635.00	1,474.70	1,520.50	2,437.70
Kraaifontein	1,949.00	1,591.45	1,409.80	1,943.55	2,643.40	4,075.40
Kuils River	2,018.75	2,070.00	2,525.55	2,115.10	2,497.10	2,204.20
Lambert's Bay	249.50	124.00	173.00	194.00	318.50	121.00
Langa	590.00	757.30	560.00	590.00	280.00	430.00
Lansdowne	5,134.35	6,461.25	6,127.65	4,877.65	8,985.20	7,425.10
Lavistown	1,237.00	2,075.00	1,638.00	1,410.00	1,517.00	1,670.00
Lenteguer	2,994.70	3,261.10	2,914.90	3,040.30	4,018.70	
Maitland	582.85	2,569.30	1,810.00	1,778.30		1,377.30
Malmesbury	205.90	465.90	350.70	322.00	545.10	293.60
Manenberg	579.20	686.75	415.20	352.60		627.40
Matroosfontein	2,597.00	2,090.00	2,070.00	1,602.00	1,020.00	9,495.00
Milnerton	2,040.00	1,900.00	1,730.00	1,760.00	2,280.00	2,470.00
Mowbray	2,015.40	3,087.90	1,859.15	2,494.50	3,733.25	4,529.30
Newlands	3,457.30	3,721.60	3,775.50	4,220.70	4,065.95	4,270.10
Nyanga	98.00	360.00	20.00		60.00	
Observatory	570.00	506.00	612.00	271.00	1,722.60	483.00
Overberg	915.50	1,939.20	868.90	1,414.60	1,610.70	2,022.00
Paarl	2,910.50	4,419.80	3,749.95	2,483.90	4,674.75	3,912.60
Parow	4,000.00	4,040.00	2,940.00	3,000.00	4,500.00	4,720.00
Parow valley	1,415.30	2,750.00	1,735.80	2,080.00	2,092.90	2,415.80
Pinelands	2,141.40	2,283.70	2,315.60	2,488.50	3,838.05	2,656.10
Plumstead	4,089.10	4,935.80	4,402.10	4,524.70	6,115.70	5,987.50
Portug. Chaplaincy	481.30	496.70	728.20	508.95		704.40
Retreat	965.00	1,935.00			1,220.00	2,090.00
Rocklands	1,750.00	1,409.00	1,601.00	984.00	2,266.00	2,332.00
Rondebosch	5,362.15	7,496.60	6,477.30	6,888.00	7,324.40	6,480.00
Sea Point	3,450.00	3,200.00	3,000.00	2,300.00	4,100.00	3,500.00
Simon's Town	2,812.00	3,653.00	500.00	1,200.00	500.00	600.00
Somerset West	4,507.05	5,060.35	4,017.80	3,592.80	6,256.50	5,127.60
St James	2,296.90	1,810.10	1,850.50	1,888.10	4,118.70	2,259.20
Steenberg	1,622.70	2,250.40	1,201.80	2,256.70	2,081.80	3,977.80
Stellenbosch	2,709.70	2,693.60	3,097.00	3,158.45	5,868.65	4,181.95
Strand	3,400.00	7,620.00	2,310.00	2,510.00	3,190.00	4,600.00
Strandfontein	1,990.00	2,940.00	3,320.00	2,440.00	3,000.00	3,310.00
Table View	14,870.00	16,350.00	13,170.00	9,710.00	17,030.00	17,070.00
Tafelsig	661.90	515.70	815.80	481.30	779.85	580.90
Vredenberg	1,520.00	1,859.90	1,554.00	1,574.60	835.30	2,110.80
Welcome Estate	706.00	1,497.70	939.00	520.00	884.00	1,298.60
Westridge	1,100.00	1,400.00	3,370.00	1,500.00	3,000.00	3,300.00
Woodstock	350.00	1,010.00	440.00	700.00	2,000.00	700.00
Wynberg	4,030.00	5,051.80	4,390.00	3,180.00	4,240.00	5,210.00
<b>TOTALS</b>	<b>R 155,281.15</b>	<b>181,355.65</b>	<b>156,587.10</b>	<b>133,373.75</b>	<b>189,402.60</b>	<b>217,772.55</b>

Please Note: The above figures represent deposits made up until the end of October 2015

## ARCHDIOCESAN NEWS January-March 2016



A Book Club run by the Woman's Group of St Catherine of Siena, Kleinvele was launched on Sunday 17 January at the parish. Above, parishioners browse through books, and below Sharon George and Mary Du Toit signing up new members.



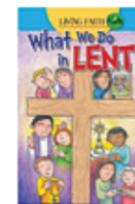
## Kolping Growth, Learning and Sustainability Program



Kolping South Africa wants to strengthen its Families and increase its members. Therefore a group of facilitators are being trained who will assist with the expansion of work into the rural and urban Xhosa and Afrikaans speaking parishes. With them is the National Praeses, Fr Christian Frantz and the facilitator, Jane De Sousa.



The Grimley  
14 Tuin Plein  
Cape Town  
Ph: (021) 465-5904



### WHAT WE DO IN LENT - Sticker book Living Faith Kids

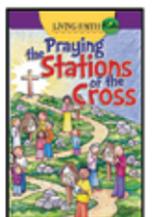
Children of all ages learn about Lent in this helpful booklet. There is a colourful sticker for the bottom of each page, a reminder of our journey to Easter.

Booklet 16pp full colour R40.00

### PRAYING THE STATIONS OF THE CROSS - Sticker book Living Faith Kids

A helpful way for children to learn about the Stations of the Cross, as well as an activity and prayer for each Station.

Booklet 16pp full colour R40.00

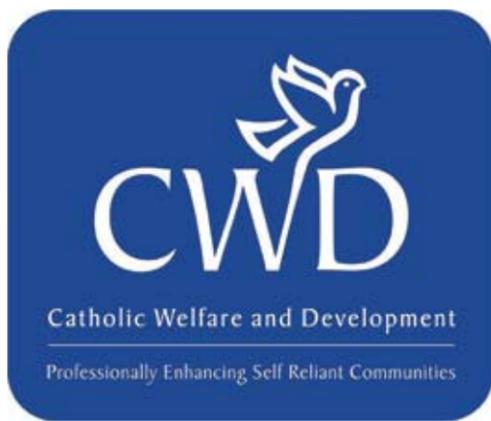


### BE MERCIFUL Reflections on the Spiritual and Corporal Works of Mercy Bill Huebsch

An affordable, easy-to-use resource, offering six complete sessions (read, reflect, pray, act) for individual and small group study for adults during Lent or at any time during the Year of Mercy.

Booklet 32pp R70.00

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# NEWS



## “Putting the spirit back into giving” with Buckets of Love



**Buckets Table Mountain with a beautiful view of the real Table Mountain**

“BUCKETS OF LOVE”, one of CWD’S signature annual campaigns was started over 21 years ago from a simple act of generosity and kindness by a Good Samaritan who used a child’s play bucket (beach bucket) to carry donations of food to poor people over the festive period. CWD distributes Buckets of Love filled with 17 essential non-perishable food items to poor and needy families. The Buckets of Love campaign has, over the past 21 years provided

approximately 1,831,760 meals to over 65,420 poor and vulnerable families over the Christmas period, through the support of generous donors, sponsors, ambassadors, schools, parishes and our partners. Given the Socio-economic conditions facing poor and vulnerable homes, CWD has seen a phenomenal increase in the number of requests for Buckets of Love from various parishes, and other organisations (Catholic and non-Catholic) since the inception of the campaign. Through the support of

our donors, sponsors and partners we try to meet the need of these families over the Christmas period. In 2014, CWD managed to pack and distribute 7,920 buckets which provided meals for over 32,000 people for a period of one week. Based on escalating demand CWD’s target for 2015 was to feed 45,000 people by packing 11,250 sealable 20 litre buckets containing non-perishable food items.

In September 2015, CWD launched “100 days of Social Action” in the countdown to Christmas to create awareness and ignite social action on key socio-economic issues such as hunger, poverty, anger, violence and injustices that vulnerable people experience on a daily basis. CWD’s Buckets of Love campaign formed a key driver for the 100 days of Social Action asking people to come together to “Put the Spirit Back into Giving”. CWD’s commitment to reduce food insecurity over the festive period was to “feed 11,250 households for a period of 7 days; 45,000 people= 315,000 meals” over the festive period. The number 45 was significant to CWD because we celebrated 45 years of giving in 2015.

CWD launched Buckets of Love on 17 October 2015 with a cook-off competition. We had five teams comprising five people, each including a team leader. Each team submitted a recipe of the meal they would prepare from the ingredients in the Bucket to feed 30 guests attending the event. It was a day filled with laughter, fun and joy as the guests cheered on their team members and participated in the many competitions including the Buckets relay.

A panel of judges selected teams based on the following categories: (a) best presentation, (b) teamwork, (c) theme song and overall cooking experience. The Red team made pilchards, samp and beans which turned out to be a winning combination for them as they were declared the overall winners in the cook-off. The guests were delighted to sample the various teams’ hard work and pronounced the meals as “very delicious and well presented”. It was evident that families receiving the Buckets of Love can, with a little innovation, make several dishes from the selected ingredients contained in the Bucket.

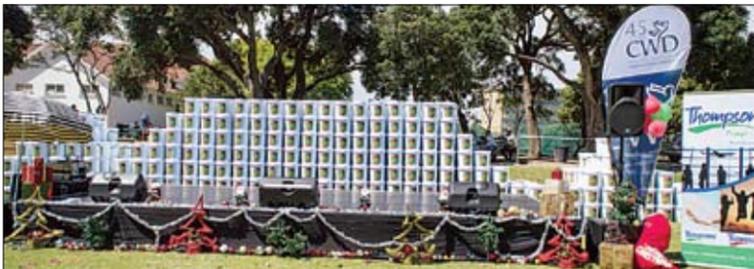
CWD hosted its annual Packing and Distribution of Buckets of love event on 5 December 2015 at Rustenburg Girls High School, bringing over 1,400 people together to fill buckets with love. It was a time of happiness and excitement for all. Various parishes, organisations, families and beneficiaries of Buckets were represented and CWD was humbled to see the excitement, energy, fun and generosity displayed by all. The highlight of the event was the Buckets Table Mountain that was set up on the field with over 1,000 packed



**The Red team won the cook-off competition by preparing samp and beans with pilchards**

Buckets of Love, and one could see the beautiful views of the real Table Mountain. 20 tables were set on the field and allocated to parishes and other organisations represented so that they could experience packing Buckets of Love. CWD distributed over 1,200 Buckets of Love on the day of the event through partnerships with parishes and community organisations. The true spirit of Christmas has a wonderful way of making everything more beautiful.

CWD wishes to thank all donors, individuals, supporters, schools, parishes, corporates, organisations, media partners (Radio Veritas, Cape Pulpit, Smile 90.4, Southern Cross and Archdiocesan News for championing, partnering and choosing to be part of CWD’s Buckets of Love campaign 2015. Through your support and efforts CWD was able to provide meals over the festive season to poor and vulnerable families.



**Beautiful stage set up for the packing and distribution event at Rustenburg Girls High School**

## CWD honours bequest donors for their ongoing support and generosity



**Donors over 90 years old, with CWD Executive Director Kevin Roussel and Chairperson of the Management Board Felicity Harrison.**

CWD hosted a Bequest function at Nazareth house to honour donors for their ongoing support and contribution. Their support of our work makes it

possible for us to make a difference in the lives of poor and vulnerable people. CWD truly appreciates your generosity and kindness.



**The 20 litre bucket can be used for many purposes. Children sit comfortably on the bucket distributed to them**



**Disaster response distributing buckets to families in Nyanga after losing everything in a fire**

**Please support our Buckets of Love campaign. For more info visit our Facebook page ‘Catholic Welfare and Development’.**