



Family Catechetics for First Holy Communion

Aim: To help the child to discover the meaning of blessing given by the priest at the end of Mass.

Room Setting:

All are seated in a circle in the room.

Parent: Welcome the child and the other members

of the family.

Invite all to become quiet and think of Jesus and say quietly and very slowly about 3 times the words “Lamb of God, you take away the sins of the world, have mercy on us.”

Allow a few minutes for this.

Parent: Invite the child and the other members of the family to share what came to their minds when they said the words “Lamb of God, you take away the sins of the world, have mercy on us.”

Parent: Helped freely by the child and other members of the family:

- Last time we had a look at the “Lamb of God, you take away the sins of the world, have mercy on us.”
- Perhaps you can remember how we discovered it in the Bible.

Child and other members of the family freely contributing:

- We found it was when John the Baptist pointed out Jesus to the people and said: “There is the Lamb of God!”

Parent Today we are going to have a look at what the priest and we say to each other at the end of Mass.

- Can anyone tell us what the priest and we say to each other at the Blessing at the end of Mass?
- Can we remember the whole of what the priest and we say?
- Who would like to take the part of the priest?
- Parent and other members of the family take the roles of priest and people and repeat the Blessing at the end of Mass.

Parent: Let’s explore the words and discover what they mean.

Parent (or any other member of the family) tells the child and the family:

When Jesus was about to return to his Father in heaven, at the Ascension, his disciples were very sad that he was about to leave them. Jesus said to them: “***I am with you always...***”

Parent: What do you think the priest means when he says: “***The Lord be with you***”?

Allow any and all answers to this question.

Now can we share the meaning of the Blessing: “***May almighty God bless You: the Father, and the Son, ✠ and the Holy Spirit.***”

Once again allow any and all answers to this question.

Session 18 “The Lord be with you ...”



The Blessing at the end of Mass:

Priest: **The Lord be with you.**

People: **And also with you.**

Priest: **May almighty God bless You: the Father, and the Son, ✠ and the Holy Spirit.**

People: **Amen.**



Celebration

Parent: Let us ask God’s blessing on us here at home:

Parent: **The Lord be with you.**

Family Members: **And also with you.**

Parent: **May almighty God bless You: the Father, and the Son, ✠ and the Holy Spirit.**

Family Members: **Amen**

All make the Sign of the Cross.

