

(Session 3) The Last Supper of Jesus



Aim:

- ❖ To assist parents to help their children understand what Jesus did at the Last Supper and its link to Holy Communion.

Note to the Parent:

Today we are going to remember Jesus and his Disciples at the Last Supper, and how we remember this at Holy Mass and Holy Communion.

Room Setting: See General Guidelines for all Sessions.

Sit with your child and other members of your family around the kitchen or dining table.

Focus on the Table: See General Guidelines for each Session.

On the table: A plate with a slice of ordinary bread (or a freshly-made roti)

Quiet Time:

Welcome the children.

Invite the children to be quiet for a few moments and imagine Jesus and his Disciples at the Last Supper. If you have a picture, show it to the children.

Begin with the following prayer: Repeat several times slowly and quietly: **"My Lord and my God"**.

The Bible Story: See General Guidelines for all Sessions.

Parent or any other member of the family:

- On the Thursday evening before he suffered and died, Jesus had his Last Supper with his Disciples in Jerusalem. Let us listen to what happened at the Last Supper.
- Invite the children to be quiet and listen carefully to the story.
- NOTE: It is a reading from the Holy Gospel according to Matthew 26:26-29
- After reading the Gospel story the parent says to the children: **"This is what Jesus did"**
- *The parent now slowly breaks a piece of the bread, eats it and passes the rest of the bread round for the children to do likewise.*

Family Discussion and Sharing

Parent asks the child: (Allow the child and the other members of the family to answer).

- What did Jesus say when he gave the bread and wine to his disciples?
- Where do we hear these words again and again?
- Who says them?

Parent now **reverently** tells the child: (Other members of the family can assist in telling this.)

- At the Consecration of the bread and wine, in Holy Mass, the priest says the words of Jesus. The bread becomes the Body of Christ and the wine becomes the Blood of Christ.
- At Holy Communion we receive a piece of the Bread that is now the Body of Christ.
- When we are about to receive the Body of Christ in Holy Communion, the priest shows the Body of Christ to us, and he says: **"The Body of Christ"**. We say **"AMEN"** which means that we believe that the priest is actually giving us the Body of Christ. So, we reverently and carefully, take the Body of Christ and eat it.

Parent: Let us now quietly imagine ourselves receiving the Body of Christ in Holy Communion.

Practice:

Once again invite all to show one another how to receive the Body of Christ at Holy Communion

This time placing emphasis in the reverence needed.

The parent takes the place of the priest.

Celebration: Close the session by repeating: **"My Lord and My God!"**

