

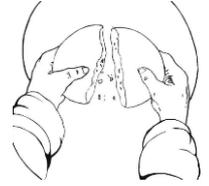


## (Session 4) Recognizing the Risen Lord in the Breaking of the Bread

**Aim:** To help the children to recognize the Risen Lord Jesus in the Breaking of the Bread at Holy Mass, and to learn the words of “Lamb of God”.

**Note to the Parents:**

In this session we will focus on that moment in the Holy Mass when the priest breaks the Host and we recite the “Lamb of God”.



**Room Setting:**

See: General Guidelines for all Sessions. Sit with your child and other members of the family round the kitchen or dining table.

**Focus Table**

On the table have a plate with a slice of bread, (or a freshly baked roti).

**Quiet Time:**

- Welcome all to the table.
- Invite the children and all to become quiet and think of an occasion when they were given a piece of bread at home.
- After a few minutes, invite the children to share how it was when they received a piece of bread from their parents or other members of the family at home.

**The Gospel Story:**

**Parent: Tell the children:**

- We are now going to listen to a time when the Risen Lord Jesus broke bread with two of his disciples. An amazing thing happened!
- Let us now listen to what happened from the Bible. (Luke 24:13-39)
- See the General Guidelines for all the Sessions.

**Family Discussion and Sharing:**

**Parent: Invite your child and other members of the family to share on the following:**

- Who was this “Stranger” who joined the two Disciples on the road?
- When did they recognize him?
- Why do you think they recognized Jesus at this time in the meal?

**Parent: Now tell your child:**

- The words that describe what Jesus did that evening are the same as those used to describe what Jesus did at the Last Supper: “He took bread, said a blessing, broke it and gave it to his disciples.” The two Disciples recognized Jesus in the breaking of the bread.



**Parent:** Now ask the child and the other members of the family: When the priest **breaks the bread** at Holy Mass what do we say or sing?



**Practice:**

Let us learn and practice these special words:

**LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE WORLD, HAVE MERCY ON US.  
(X2)**

**LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE WORLD, GRANT US PEACE.**

**Celebration:**

Close the session as follows:

**Parent:** Breaks the bread and all recite the words of the “Lamb of God”, or if possible sing, a version of it.