



**Family Catechesis for First Reconciliation
for Good**

(Session 12) Being a Power

Aim: To help your child to discover that he/she can be a power for good in the world.

Note to the Parent:

- Jesus said to his followers: “Unless you change and become like children, you will not enter into the Kingdom of Heaven.” (see: Matthew 18:3)
- Jesus is asking us to have the keen sense that children have of what is good and, like children, do what we can to help.
- Tell the family: Today we are going to play a game of “Let’s Suggest”. Cut out each of the “Situations”.



Parent: Welcome the child and other members of the family and gather them in a circle in the room.

- Invite the child and the family members to talk about: What can children do to bring goodness to the world?

Parent: First, let us listen to how a small boy helped Jesus one day to do good.

- Helped by the family members, share the following: (**P = Parent, M = Other Member of the family**)

(See John 6:9 – 11 adapted)

- P.** One day Jesus was teaching the people. It was getting late, so the disciples suggested that Jesus should send the people away to get their own food.
- M.** The Disciples told Jesus they did not have enough money to buy food for the people.
- P.** Andrew said: **“There is a small boy with five barley loaves and two fish. But what is that among so many?”**
- M.** **Jesus took the bread and thanked God for them and distributed them among all the people.**
- P.** **He did the same with the fish. And all had enough to eat.**
- M.** The small boy gave his bread and fish to Jesus to help him feed the large crowd of people.

Parent: Let’s now play a game of “Let’s Suggest”

- Cut out the “Situations” listed on the side of this page.
- Place them upside down on the table.

Parent; explains the following to the child and to all:

- One of these is to “do penance” - make a sacrifice to appeal to God for the people or the situation.
- This can be an action or a prayer.
- Invite one member of the family to pick a “Situation”.
- He/she tells the others the “Situation”.
- The one who picks the “Situation” makes a suggestion as to what he/she or all can do as a sacrifice.
- Each one in turn repeats the process.

Discussion:

Parent: Invite the child and the family members to discuss:

- What can we do as a family sacrifice to appeal to God for the people and children in the trouble?

Celebration:

Parent:

- ❖ All say together three times: **“Jesus gave his life for us. We can help him too!”**

If possible some cool juice all round! (**or maybe not! – as a sacrifice!!!**)

Cut out these
“Situations”.

All the hungry people

Children who are
abused

People who make big
mistakes and are in
prison

All the places where
people are fighting.

Places where people
are suffering because
of earthquakes and
things like that.